

Flutter and Wink

Plasma Skin Tightening Aftercare Instructions

First week or until scabs/crusts fall off naturally:

- Apply ice packs first two days or longer if needed.
- Clean the area carefully using clean water and a neutral soap (perfume free and oil free) by applying a bit of the soap and water to a lint free cosmetic cloth and carefully dabbing the treated area.
- Spray Silver Spray 2 - 3 times a day.
- Apply Silver Gel 2 - 3 times per day.
- After skin is completely dry you can apply Epionce Medical Barrier cream.

DO NOT PICK AT SCABS/CRUSTS

After all scabs/crusts fall off naturally and through 60 days:

- Clean the area carefully using clean water and a neutral soap (perfume free and oil free) by applying a bit of the soap and water to a lint free cosmetic cloth and carefully dabbing the treated area.
- Spray Silver Spray 2 times a day until gone.
- Apply Silver Gel 2 times per day.
- Hydroquinone & Melanolyte 2 times a day.
- Epionce Sunscreen 1 time a day.
- You can introduce any of your Epionce daily skin care at this time.
- After skin is completely dry you can apply Epionce Medical Barrier cream until all gone.

What To Expect:

Following your Plasma Skin Tightening treatment, a mild burning sensation (similar to a sunburn) may be experienced. This should subside within a couple of hours. If the discomfort lasts longer, anti-inflammatory medication can be taken (providing you are well and are to take along with any other medications you may be taking).

- Swelling in and around the treated area may be experienced, swelling may be more severe in some cases, this generally will subside within a few days providing all correct aftercare instructions are followed. In an eyelid treatment it is normal for the lower and upper eye area to swell if the upper eye was treated. This is because the lower and upper eye are interconnected. Again, anti-inflammatory medication or antihistamine may help.
- Adding an extra pillow while sleeping will help with lymphatic drainage.
- If you have undergone Plasma Skin Tightening treatment eyelid tightening, a clean sterile cold compress can be applied intermittently, for the next 48 hours. This aids in reducing initial swelling. Ensure that you do not apply solid ice as this can damage the skin tissue.
- As the skin begins to heal it will dry out. The crusts that form on the treated skin is completely normal. Do NOT attempt to remove them. Allow them to naturally flake off. Usually 4-7 days but can take up to 2 weeks in some cases.

- Do not apply moisturizers, eye products, makeup, perfumed or alcohol based cleansers to the treated area until the crust falls off. Until the crust has fallen off and the redness has disappeared, apply the recommended aftercare. If you do not need the additional coverage please use the night gel in place of the daytime foundation. Only use the foundation when you need the extra coverage.
- Sports, sauna, sun beds, etc., should be avoided until the crust falls off completely and the wound is completely healed.
- Do not apply adhesive plasters to cover the treated area as this does not allow the area to create and eat properly.
- Pre boiled cooled water is recommended when cleaning the area.
- Avoid sun exposure and tanning of the treatment area until the area resumes its normal tone, (usually approximately 12 weeks). The area is extra sensitive to sun exposure and this can increase the chances of pigmentation on the treated area. The use of SPF and sunglasses on eyelid lift treatment is recommended.
- Additional treatments can be performed after 6-8 weeks and ONLY if all redness has subsided.